★ U.S. ELECTION ★

What's in the stars for Nov. 8?

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Starbucks' green cup has customers seeing red

REACTION ON THE METRO APP

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Your essential daily news | THURSDAY, NOVEMBER 3, 2016

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LET'S CLEAN UP OUR ACT

We're about to be the centrepiece for Canada's 150th birthday. A proper polish, please metroNEWS

Violent, anti-gay shirt 'disgusting'

INVESTIGATION

Ottawa LGBTQ want police to treat incident as hate speech

Haley Ritchie
Metro | Ottawa

Ottawa police confirmed Wednesday they are investigating after a man was photographed at Saunders Farm this past weekend wearing a violent, anti-gay shirt.

"Right now there's the incident that ignited the attention. From that point on, we're aware of the situation from Facebook messages as well as people talking about it," said police spokesperson Chuck Benoit.

"We won't be able to comment any further because it is under investigation."

Benoit added that officers from different units are involved in the investigation.

"There's a few people involved, but we won't mention who at this time because we're not sure which direction it's going to go," he said.

Last Saturday an 18-year-old named Julien Clément was photographed wearing a black sweatshirt that read, "ATG If you are gay, don't approch (sic) me. I'll kill you." The shirt was reported to a police officer on the farm and the business owners asked for him to be removed. Clément left before he was asked to leave.

Luke Smith, former Ottawa police LGBTQ liaison committee co-ordinator, said he was angry after seeing the photograph and wants the force to take it seriously.

"A lot of people in the gay community in Ottawa have seen it and are upset by it. It certainly has had a community-wide impact," he said.

Smith said he was disappointed that the police officer stationed at Saunders Farm treated the incident as a trespassing, rather than a possible threat and hate speech.

> **"I haven't had the sense it was treated as hate propaganda.**
> Luke Smith

"I haven't had the sense that it was treated as hate propaganda. They haven't demonstrated much enthusiasm for prosecuting hate crimes in the gay community, at least here in Ottawa," he said.

At least one private business has also responded to the controversy.

Local skate store Top Of The World released an open letter to the ATG group calling their actions "disgusting and reprehensible" and barring them from the store.

The store responded because the men are wearing many of the brands they sell. The letter also notes that RVCA, a California-based company, is LGBTQ-friendly and instructs that "you should find another brand to wear."

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Nicaraguan president's life mate is now his running mate. **World**

1 The Starbucks experiential Reserve coffee bar.

2 Seating at the Starbucks experiential Reserve coffee bar.

3 Starbucks siphon brewing technique.

4 Starbucks Nitro cold brew.

5 Baristas and customers at the Starbucks experiential Reserve coffee bar.

COURTESY STARBUCKS CANADA

Now brewing a $10 cup of joe

COFFEE

Starbucks at Byward Market offers unique, rare roasts

Ryan Tumilty
Metro | Ottawa

Starbucks is banking on Ottawa as the first Canadian location for its high-end Reserve Coffee bar and it's also banking people will pay as much as $10 a cup.

The reserve concept is available in only a handful of the company's locations and focuses on using small batches of beans, alongside unique brewing techniques to create better coffee.

Coffee master Timothy Barretto-Burns said the city makes sense.

"Ottawa is such a coffee-forward market. It's such a great community for coffee," he said.

All of the employees at the new location in the Byward Market are trained to the company's coffee master standard and the outlet is split between the regular counter found in most stores and the reserve bar.

The concept starts with using beans from smaller farmers, who are offering something unique.

"We might only get it for one season. We will get it for three months and we may never see it again."

On top of the rarity of the beans, the store uses siphon and clover brewing techniques that take longer, but offer a fuller experience.

Brewing the coffee can be a five- or 10-minute process and Baretto-Burns said that's where the value for the higher prices comes in.

"That's why to me it's not a $10 coffee — it's a $10 experience."

Bridgehead CEO Tracey Clark said what Starbucks is trying is potentially good for the 70 per cent of coffee farmers in the world who grow small lots.

"Quality and differentiation is what improves the livelihood of small-scale farmers," she said.

Clark said Bridgehead already works with small farmers and she hopes Starbucks' focus here can grow the market.

"If Starbucks can create a bit of a gateway for that and stimulate demand, then fantastic, because farmers benefit and consumers potentially get a great cup of coffee."

Sale of cemetery irks Findlay Creek locals

CONSTRUCTION

Land parcel by homes was to remain vacant, say residents

A number of Findlay Creek residents are hopeful an area developer will meet them halfway as it prepares to build a new subdivision that will back onto their homes.

"There has to be bungalows built against our bungalows, otherwise it's too much," said Doug Brousseau, who lives on Bulrush Crescent, which will back onto a 150-home Tartan neighbourhood currently working its way through the city application process.

Yvon and Paulette Landry's view from their home won't be fully impacted, since the plans call for new homes behind the house attached to theirs on the west side. Still, when they were shopping for their new Bulrush Crescent house in 2009, they claim Tamarack reps assured them the cemetery lands would remain vacant. The couple then sought a similar promise from a Hope Cemetery official.

As Tartan land use planner Melissa Cote, right, answers questions, members of the nearby community get a closer look at the proposed subdivision. ERIN MCCRACKEN/METROLAND MEDIA

"He said there will never be buildings there, so we made our decision (based) on the (promises of the) cemetery director and on Tamarack," said Paulette.

Benoît Bariteau, director of cemeteries with the Catholic Archdiocese of Ottawa, which owns and operates Hope Cemetery, said as far as he is aware no promises had been made at that time, but that there were no plans to sell in 2009.

Archdiocese officials have been in regular talks with area developers for years because of nearby advancing subdivision construction.

Knowing that Tartan's subdivision plans to the north include space for an elementary school, archdiocese officials wanted to help make the area a walkable community for schoolchildren, said Bariteau. Pierre Dufresne, Tartan's vice-president of land development, said public input will be sought during a public consultation meeting in late November.

ERIN MCCRACKEN/METROLAND MEDIA

COMPLAINTS

Ombudsman calls out family support agency

The Family Responsibility Office, which enforces court-ordered child and spousal support payments, tops the list of Ontario government agencies generating complaints to the Ombudsman's office.

Ombudsman Paul Dube says his office received 1,025 complaints about the Family Responsibility Office in the past fiscal year — down from 1,167 the previous year — many of them about inconsistencies in enforcement.

Dube says at times the agency was too aggressive in trying to enforce payment orders, but at other times wasn't aggressive enough.

He says it failed to take any additional action for years against a man who owed $300,000 in support payments, but garnished the salary of another man who had already overpaid what he owed.

Another man called the ombudsman from jail after being arrested for failing to pay child support arrears to the Family Responsibility Office, but said he didn't know he owed anything.

Dube says the agency had sent the man's notices to the wrong address, and eventually sent him an apology after the ombudsman's office intervened.

THE CANADIAN PRESS

IN BRIEF

Student, 13, hit on way to school in stable condition

A vehicle struck a 13-year-old boy while he cycled to school this morning.

Ottawa paramedics say the collision happened at about 8:26 a.m. at 3300 D'Aoust Ave. Paramedics say the boy was conscious and they treated him for neck and arm injuries before taking him to hospital. He was in stable condition.

François Côté, the operation superintendent for the Ottawa Paramedic Service, said Ottawa police are now investigating the incident.

BRIEANNA CHARLEBOIS/FOR METRO

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Pedestrians walk along Rideau, where the sidewalk is littered with garbage. RYAN TUMILTY/METRO

INFRASTRUCTURE

Campeau Drive to be widened near Tanger

Work will begin on Campeau Drive this month to widen a western portion of the roadway to four lanes.

A small section of Campeau Drive – from Huntmar Drive to Country Glen Way in the Minto Arcadia development – will be expanded.

The work is needed before a road connection can be built to attach the two parts of Campeau, between Didsbury Road and Country Glen, said Kanata North Coun. Marianne Wilkinson.

Minto needs to construct a stormwater pond before Campeau is linked but can't design the pond until the road elevations are complete, said Wilkinson.

"The city's not allowed to build the bridge or the road until the pond is done," she said.

Once the drainage pond is complete, likely towards the end of 2017, work will begin on connecting the two ends of Campeau, said Wilkinson. Construction of that section will take about two years.

The two-stage project between Huntmar and Country Glen is set to begin Nov. 14 if the weather co-operates, she said, and notices to residents will be delivered this week.

Work on the first phase will include underground pipe work and constructing the base of the two new traffic lanes. It's set to wrap up around mid-December.

The second stage of construction is scheduled to begin in May 2017 and includes the final layer of gravel, curbs, sidewalk work and asphalt paving. A roundabout at Campeau and Country Glen will also be installed.

The section of four lanes will provide better access to the new Kanata West Business Park, which includes Tanger Outlets, Cabela's, carpentry training centre, UPS distribution facility, and plans for other businesses, and will allow the area to continue to grow more quickly, said Wilkinson.

JESSICA CUNHA/METROLAND MEDIA

Time to tidy up the town

150th

City councillor wants a major cleanup ahead of '17 festivities

Ryan Tumilty
Metro | Ottawa

City Coun. Mathieu Fleury wants to ensure that the city gets a proper polish and a clean look before people from across the country come to town in 2017.

Fleury got an inquiry back Wednesday at the transportation committee meeting on what the city was doing to keep streets and transit clean ahead of the 150th celebrations next year.

He said the city has to look its best for the big milestone.

"We're welcoming Canada and we're also welcoming people from across the world for this important year," he said.

City staff told Fleury that cleanup crews are a regular part of the event planning process for everything happening next year, and they expect everything will be well in hand.

Fleury said he wanted more detail, especially about what the city will do for some of the trouble spots.

"I was looking forward, in terms of my inquiry, to get specifics on how we plan to get areas that are problematic, from a cleanliness perspective, a lot cleaner for visitors and tourists," he said.

He said areas in the Byward Market and along Rideau Street are constant trouble spots and he wanted to know what they planned to do about them.

"I wouldn't expect stepped-up maintenance everywhere, but in key spots where we have seen problems or lots of calls," he said.

He said for next year's celebrations, it has to go beyond just picking up the garbage and into the details to make the city look great.

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A journey around the world in a single meal

EVENT

Culinary competition raises cash for kids with IBD

Brieanna Charlebois
For Metro | Ottawa

If you've ever wanted to experience the world on your plate in one sitting, now's your chance. The third annual Embassy Chef Challenge comes to Ottawa this Thursday.

The IBD Foundation, a non-profit organization based in Ontario, planned the event to raise awareness and money in support of children living with inflammatory bowel diseases — namely Crohn's and colitis. All proceeds from the event will be donated to the Children's Hospital of Eastern Ontario.

Chefs from Belgium, Guatemala, Malaysia, Spain, Jamaica, France, Honduras, Kazakhstan, Pakistan, and Trinidad and Tobago are featured in the competition.

"Most people prepare a dish that is representative of their country by preparing a variation of something traditional to their respective cultures," says Resa Solomon-St. Lewis, the winner of last year's Embassy Chef Challenge, who is representing Trinidad and Tobago.

"It gives us the opportunity to promote some of the culture and heritage of our country while also supporting a wonderful cause."

Roughly 233,000 Canadians suffer from an inflammatory bowel disease. Ontario has one of the highest rates of inflammatory bowel diseases in the world. An estimated 25 per cent of these cases are under the age of 18 – and these numbers are rising.

The competition is held at the Horticulture Building in Lansdowne Park on Nov. 3 from 6 to 9:30 p.m. Tickets are $125.

Chef Resa Solomon-St. Lewis, winner of last year's Embassy Chef Challenge, is again representing Trinidad and Tobago in the competition. BRIEANNA CHARLEBOIS/FOR METRO

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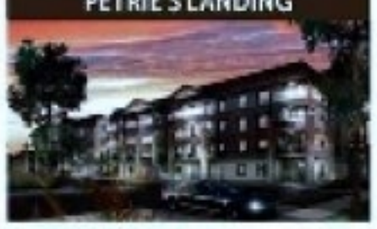

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PETRIE'S LANDING

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Luxurious open-concept condo with plenty of windows, 9-foot smooth ceilings, large balcony and access to two elevators.

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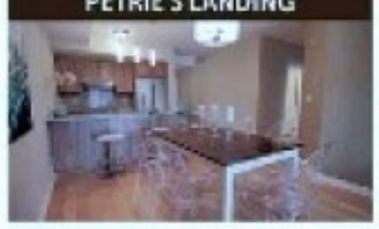
PETRIE'S LANDING

CONDO AVENUE

Luxurious open-concept condo offering a contemporary kitchen with full height kitchen cabinets, granite countertop and ceramic backsplash.

2 | 120-117 Prestige Circle

PETRIE'S LANDING



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Last home available in Loreka Court

~~$553,845~~ $466,200*

HARVARD

Luxurious single family home with walk-out basement. Offers granite in the entrance and hardwood on the ground floor, on staircase and in the hallway on second floor.

3 | 171 Loreka Court

CARLETON CROSSING

~~$436,911~~ $385,971*

HARVARD

Beautiful single family home with plenty of windows, 9-foot smooth ceilings on the ground floor, high-end finishes and contemporary kitchen.

3 | 124 Francis St.

CARLETON CROSSING

~~$438,104~~ $386,595*

HARVARD

Luxurious single family home featuring gas fireplace with decorative façade and stone surround and granite kitchen countertop with ceramic backsplash.

3 | 116 Francis St.

CARLETON CROSSING

~~$456,379~~ $398,970*

HARVARD

Spacious single family home with granite in the entrance and hardwood flooring on the ground floor, on staircase and in the hallway on second floor.

3 | 111 Francis St.

CARLETON CROSSING

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Beautiful 2,208 sq.ft. single family home with plenty of windows, 9-foot smooth ceilings on the ground floor, high-end finishes and contemporary kitchen.

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CARLETON CROSSING

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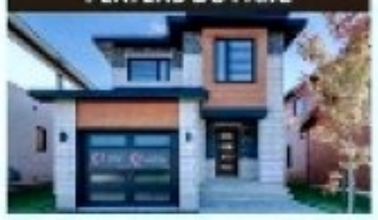


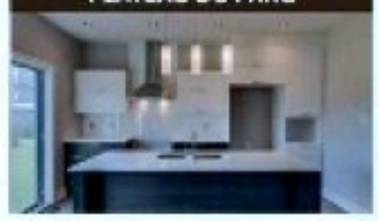
~~$398,118~~ $354,427*

ALIZÉ

Spacious single family home just steps from Gatineau Park. Features a large bathroom with freestanding bath and glass-panelled shower.

3 | 69 rue Sirocco

PLATEAU DU PARC



~~$398,118~~ $354,427*

ALIZÉ

Wonderful contemporary single family home located on a private street, offers 9-foot smooth ceilings and high-end finishes.

3 | 59 rue Sirocco

PLATEAU DU PARC

~~$412,207~~ $366,661*

BOREAS

Luxurious single family home just steps from Gatineau Park. Offers a kitchen quartz countertop as well as a fully sodded lot.

3 | 78 rue Sirocco

PLATEAU DU PARC

BOREAS

Wonderful contemporary single family home located on a private street, offers 9-foot smooth ceilings and high-end finishes.

3 | 52 rue Sirocco

PLATEAU DU PARC

~~$412,925~~ $367,231*

BOREAS

Spacious single family home just steps from Gatineau Park. Features a large bathroom with freestanding bath and glass-panelled shower.

3 | 24 rue Sirocco

PLATEAU DU PARC

~~$439,933~~ $386,322*

ZEPHYR

Beautiful single family home with plenty of windows and two-tone cabinets in the kitchen, quartz countertops and ceramic backsplash.

3 | 74 rue Sirocco

PLATEAU DU PARC

~~$478,822~~ $407,618*

ZEPHYR

Spacious single family home just steps from Gatineau Park. Features a large bathroom with freestanding bath and glass-panelled shower.

3 | 26 rue Sirocco

PLATEAU SYMMES

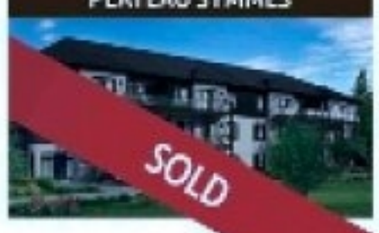
~~$234,184~~ $200,520*

CONDO ÔRA

Beautiful and contemporary open-concept condo with full height two-tone cabinets in the kitchen, quartz countertop and ceramic backsplash.

2 | 819-B boul. du Plateau

PLATEAU SYMMES



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24485

Canadian musicians are reacting negatively to new visa fee requirements to travel south of the border. COURTESY AMY LEE ZINN

INSTAGRAM

Social media users remember missing people

Jessica Botelho-Urbanski
For Metro | Winnipeg

An Instagram storytelling project is finding beauty among the tragic stories of Winnipeg search and rescue efforts.

As a companion to a new National Film Board-sponsored documentary called this river, producers Katherena Vermette and Alicia Smith set out to tell the stories of those who comb Winnipeg's nooks and crannies, looking vigilantly for missing loved ones.

Members of the Bear Clan Patrol, who search by foot, and Drag the Red, who search along the rivers, are featured in a series of more than 80 photos and interviews, rolled out over two months on the Instagram page @WhatBringsUsHere.

"We really worked to take people inside kind of the very human experience of what it's like to have a missing family member and then the work that's born out of that — that sort of intense motivation for the need to just do something," said Smith, a Winnipeg-based National Film Board producer.

The photos, shot by Winnipeg's Janine Kropla, Mark Reimer and Karen Asher, alternate between depicting searchers in action and posing for portraits, paired with captions describing why they're motivated to keep looking for answers.

An image from What Brings Us Here, a photo essay produced by the National Film Board. CONTRIBUTED

U.S. tours get more pricey

MUSIC

America ups the cost of work visas by 42 per cent

Kevin Maimann
Metro | Edmonton

Canadian musicians say they're reaching a breaking point with fees to tour the United States.

The U.S. government upped the cost of work visas required to play south of the border by 42 per cent last week, from $325 to $460 US per person — turning something that is already unprofitable for many into a major financial burden.

"For 99 per cent of artists they go down to the States and they spend a whole bunch of money," said Striker guitarist Tim Brown.

He said doesn't understand the motivation behind the move.

"If you look at it from an economic standpoint, a Canadian band going on tour in the States is going to generate a whole lot more money in America for Americans. We spend thousands of dollars on gas and hotels and stuff when we go on tour."

The American government also increased the amount of time it takes to issue the visa to perform there, from 90 days to 120 days. That's quadrupled from 18 months ago, when Brown said he could get one in 30 days.

Striker was in the midst of planning a U.S. tour for January and February when the news came down, and the band will now have to pay at least an additional $1,000 to fast-track the work permits.

"To me it's very evident that the system is at a breaking point now for musicians," Brown said. "It's just so ridiculous. I don't understand exactly what they're trying to protect against."

Sam Rashid, guitarist with the Toronto/Hamilton band Pet Sun, said the move could prove "financially devastating" for bands like his.

"It's already expensive enough as it is to tour the U.S.," he said, adding that most musicians feel like they have perform there to "break in and make a living."

"Our market's only so big here," Rashid said.

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U.S. Muslims cringing at portrayal

★U.S. ELECTION★

Many feel like they're being pigeonholed by both candidates

Many Muslim Americans cringe at the way they have been portrayed by candidates during the presidential campaign — either as potential terrorists or helping counterterrorism efforts.

Those descriptions, offered by Donald Trump and Hillary Clinton, respectively, are troubling to Muslims who complain they are being pigeonholed and their concerns on other issues ignored.

"I think that there is some level of dismissiveness about Arab-Americans and American Muslims that allows candidates to talk about us, not really to us," said Omar Baddar, a political analyst based in Washington.

One of the campaign's more memorable moments for Muslim Americans unfolded at the Democratic National Convention in July, when a grieving Khizr Khan addressed delegates about his son, Humayun, an American soldier who was killed in Iraq. The GOP candidate soon pushed back against Khan's anti-Trump comments.

But Hillary Clinton did not escape censure from Muslim Americans, who said that the Democratic nominee's public remarks have primarily revolved around recognizing them for what they could do to support counterterrorism efforts.

Nour Eidy, a freshman at the University of Michigan, grew up in the Detroit suburb of Dearborn, which is heavily Arab and Muslim: "I don't know anything about terrorism. I don't know their game plans, their strategies," she said. "We're just as victimized by them as anybody else." THE ASSOCIATED PRESS

An unaccompanied migrant minor, from the demolished "Jungle" migrant camp in Calais, France, waves from a bus as he waits to be transferred to reception centres. Since Oct. 17, Britain has taken in slightly more than 300 Calais migrants, but France is pressing for more. AFP/GETTY IMAGES

FRANCE

1,600 migrants moved out of Calais

French authorities bused all unaccompanied children — 1,616 of them — out of Calais' sprawling migrant slum on Wednesday, taking them to special processing centres in one of the final steps to empty the camp in the English Channel city.

The underage migrants climbed into to 38 buses in a day-long operation that began just under a week after adult migrants were cleared out of the camp known as "the jungle" and sent to refugee centres around France.

In the government's final move, women and their children — slightly more than 300 people — in the Calais camp were to be transported to family centres on Thursday.

"Then there will be no one at the end of the day," said Steve Barbet, spokesman for the Pas-de-Calais region.

Last week's operation to evacuate and demolish the makeshift camp — whose population soared to more than 10,000 two months ago, aid groups said — was a mammoth logistical task rushed to completion after fires engulfed large swaths of the slum. Clean-up crews finished pulling down shelters Tuesday.

The child migrants were taken to 60 dedicated centres scattered around France until British officials decide their cases. Those refused access to Britain will be put under the care of French child welfare services. THE ASSOCIATED PRESS

NICARAGUA

President's wife behind popularity

On bright-pink billboards across the Nicaraguan capital, President Daniel Ortega looms triumphantly over motorists ahead of next Sunday's vote, where he's considered a shoo-in.

He's almost never alone in those ads: Accompanying Ortega is the smiling visage of his first lady, spokeswoman and now running mate, Rosario Murillo.

"That woman is the one who rules in the country," said fruit vendor Roberto Mayorga. "If 'the man' dies, she'll be there."

Murillo is beloved by many poor Nicaraguans and Sandinista faithful, consistently polling around 70 per cent approval.

Murillo has represented Ortega overseas and spearheaded the installation of giant metal "trees of life" sculptures in the capital, a beautification campaign opponents have criticized but which many residents appreciate.

"She's become really the public face of the administration, and I think that's helped her popularity immensely," said Christine Wade, a political scientist at Washington College in Maryland. THE ASSOCIATED PRESS

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metroEXPLAINS

The real life impact of TD's bank rate

One of Canada's biggest banks, TD Canada Trust, is hiking its prime rate for variable-rate mortgages 0.15 points to 2.85 per cent from 2.7. Your eyes may have just glazed over, but this is actually kind of a big deal and could have an impact on your pocketbook.

MAY WARREN/METRO

I have that kind of mortgage with TD:

If your monthly mortgage payment stays the same, these changes mean more of the payment will go towards paying interest, instead of paying down the principle, meaning it will take you longer to pay off your mortgage, according to TD.

"Mechanically you're not paying more, but you're getting less from the payments that you make," said William Strange, a professor of business economics at U of T's Rotman School of Management.

But I got the fixed rate:

Your interest rate is the same. But James Laird, president of mortgage company CanWise Financial and co-founder of rate-watching website RateHub.ca told the Canadian Press he'll be watching it closely to see if it too goes up in the near future.

What about my line of credit and visa bill?

Take some deep breaths — then exhale a sigh of relief. The changes do not affect interest rates for lines of credit or credit cards.

Oh no, I have a mortgage. But, it's not with TD. What now?

A bank as big as TD changing its rate could mean other major Canadian banks follow suit soon, Laird said.

In his eight years in the industry, Laird said he's never seen major lenders have their prime rates different for more than a couple of days.

What is the broader impact?

When mortgages rates go up, "usually the story" is that it depresses housing demand because it's harder for people to get financing and bid quite as much for houses, said Strange, the U of T professor.

"I think everybody knew that rate increases were coming, and frankly if you told me that they would still be under three per cent now, if you told me this in 2010 or something, I would have said you were crazy."

STARBUCKS

Green cups brew up online outrage

Irene Kuan
Metro | Toronto

It's that time again, when Starbucks brings back its traditional holiday drinks. This year, the company released a limited-edition green cup, not meant to be a Christmas cup, but a "community cup" which seems to have offended some people.

In a press release, Starbucks CEO Howard Schultz calls it "a divisive time in our country" and says the coffee giant wanted to come up with a symbol to serve "as a reminder of our shared values."

The green cup seems to have sparked some negative reactions on social media. Some people were simply upset the cup wasn't red or festive feeling enough, while others accused the company of politicizing coffee.

This is not the first time the Starbucks has been embroiled in a cup controversy. The redesign of its red cups in 2015, which omitted all "symbols of the season" had some calling out the company for "waging a war on Christmas."

Starbucks released the cup just one week before the U.S. election, and says it is meant to be a "symbol of unity."

The design, which features a mosaic of more than 100 people, including a barista and a farmer, was created by artist Shogo Ota and is currently available at U.S. locations.

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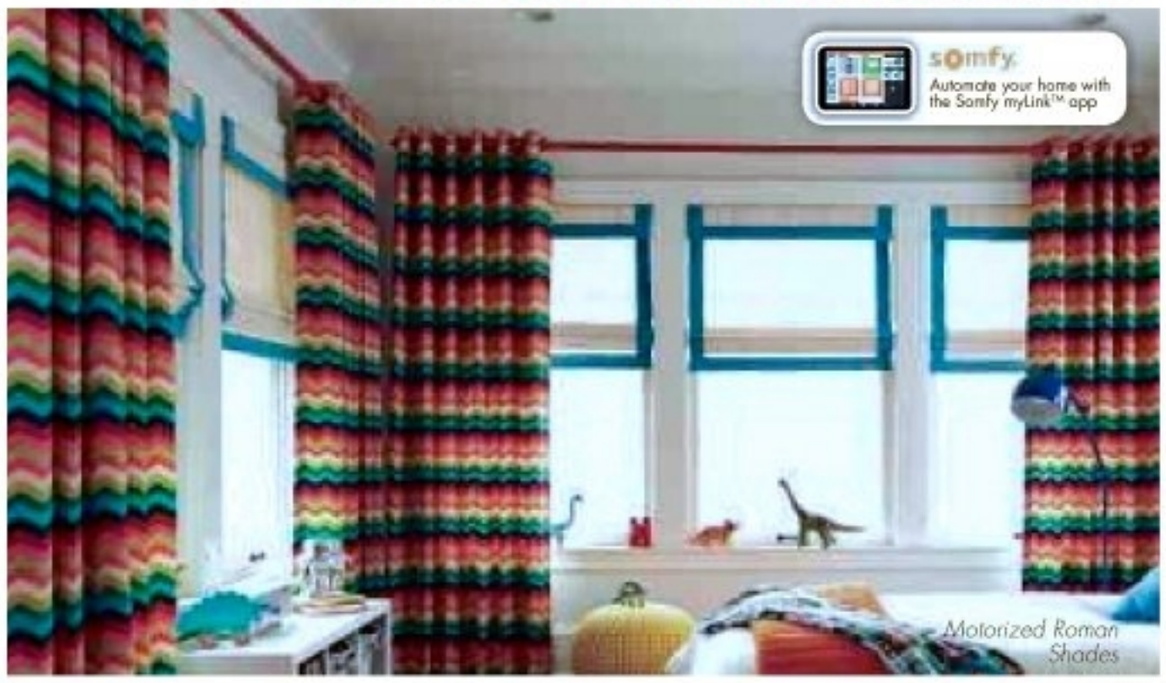

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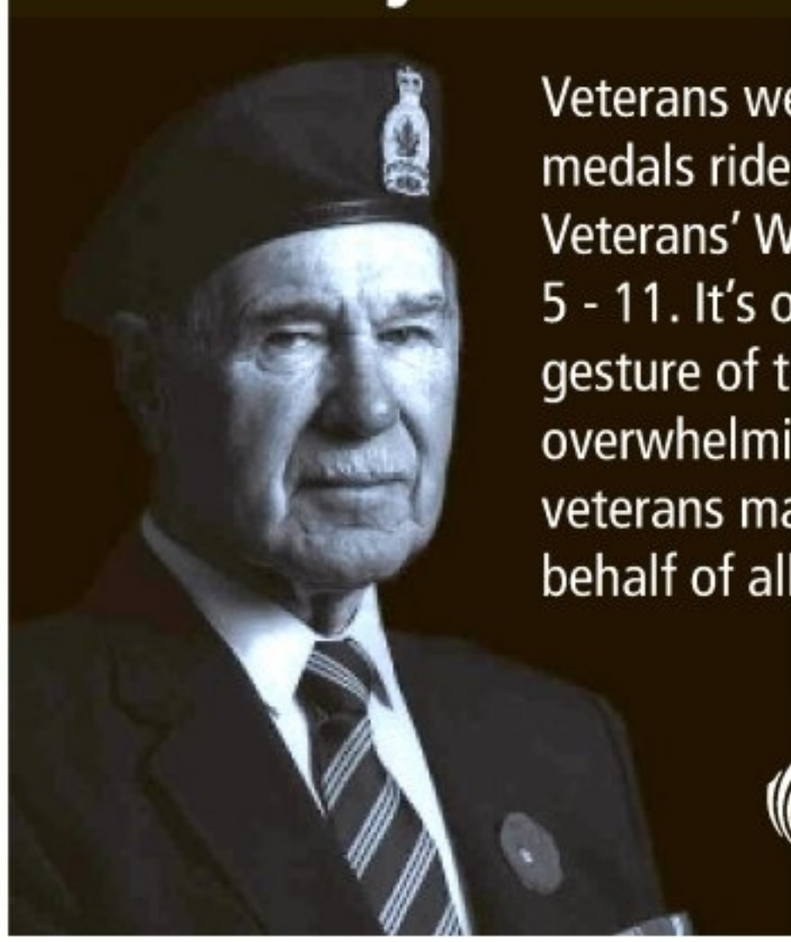

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metro VIEWS
Your essential daily news
Thursday, November 3, 2016

VICKY MOCHAMA ON AN OVERLOOKED ELECTION BATTLE

There's a big ideological divide that has yet to be talked about: Scorpio vs. Gemini. With some voters undecided, why not consult the stars?

Great forces are battling each other this election season: Republican against Democrat, billionaire against millionaire, Darth Vader vs. Princess Leia.

Polls give Clinton a comfortable lead but the race may yet tighten. As Americans make their big decision, there's a big ideological divide that has yet to be talked about: Scorpio vs. Gemini.

A lot has been said about the clash of these titans but until now, this essential difference has been missed. With some voters still undecided, why not consult the stars? For some, politics is like the Superbowl: It's a thing that happens on one day and you don't have to pick a team until then.

According to the New York Times (a Virgo), Trump is status-obsessed, scattered and volatile. In other words, he's a classic Gemini.

Game recognize game. I know a fellow Gemini when I see one.

Trump was born in the middle of the Gemini star sign on June 14, 1946.

ANI CASTILLO/FOR METRO

If Clinton wins, it will be a historic moment: Not only would she be the first female president, but a Scorpio hasn't had their claws in the Oval Office since Warren G. Harding nearly a hundred years ago.

Geminis have many excellent traits: We are energetic, imaginative, clever, and witty. For example, remember when Donald Trump joked Megyn Kelly had "blood coming out of her wherever" after she moderated one of last year's 70,000 Republican debates? Remember how deeply you laughed at his cleverness and wit? We Geminis are often very humorous.

Still, Geminis like Trump and I are not without faults. We're often impulsive. I recently booked a tropical vacation because I was tired and it seemed like a good idea, I guess. Similarly, Donald Trump seems to have decided to run for president because a reporter from BuzzFeed goaded him into it. We both had good ideas.

With her resourcefulness, secretiveness and giant pincer claws, Clinton is a true Scorpio. The Llewellyn Encyclopedia, a compendium of all things New Age, says the biggest problem for Scorpios is their "ability to cause trouble." Secretary Clinton must regret ever learning to press "send" on an email. It's been downhill ever since.

Clinton has explained her cautious public persona is a result of being a woman breaking down the walls of a man's world. But a quick glance at the night sky shows that actually, Scorpios are secretive and reserved, which is definitely more plausible. If Clinton wins, it will be a historic moment: Not only would she be the first female president, but a Scorpio hasn't had their claws in the Oval Office since Warren G. Harding nearly a hundred years ago.

The skies have always played an important role in presidential elections, despite what the experts, statistics and plain common sense might say.

After all, the zodiac sign to win the most elections is pleasant, humanitarian Aquarius, which includes Abraham Lincoln. And he kept the country together.

It's all in the stars.

What the horoscopes have in store for Nov. 8

When it feels as if nothing makes sense, many people look for guidance in the divine and celestial. Metro asked two astrologers what the stars say will happen on Election Day. And here's an advance peek at our own Tuesday horoscopes.

Astrologer: Tara Greene (Taratarot.com)

CLINTON HOROSCOPE
Hillary is a quintuple Scorpio. That's a lot of secrets regarding money, sex, ruthless scheming, power and control issues. She is a feminist and a great war strategist. I also did her numerology. (This is done by adding up all the digits in a person's birth date and matching that number to a corresponding tarot card). Hillary is a number 21 personality, the card of the world. She is meant to make a difference in the world. Her soul number is 3, the empress. She symbolizes the great mother: a nurturing, creative energy.

TRUMP HOROSCOPE
He is in his best year (of the past) 12, with Jupiter returning to his natal position in Libra this year. His birth chart is very positively connected to the U.S. birth chart of July 4, 1776. This is extremely karmically beneficial for him. His numerology: Trump is a number 22 personality and a soul number 4. Twenty-two is "the fool," but the fool is also the enlightened one in the tarot. The number 4 is the symbol of the emperor. You can see that in his gold apartment. He is meant to be the boss.

BOTTOM LINE: With Saturn transiting Sagittarius this year and next year, people need transparency. Justice will prevail.

Astrologer: Julie Simmons (juliesimmons.ca)

CLINTON HOROSCOPE
Hillary is very Scorpio. She digs in, she's resolute. But she's very power-oriented. Coming up in December-January, Saturn will be squaring Hillary's moon. That means she's depleted. It's not the aspect of a win.

TRUMP HOROSCOPE
He's a Gemini. He's a trickster. He communicates out of both sides out of his mouth. Jupiter is the planet of luck and windfalls. And Jupiter, in the sky, is in a very good place for him, where he gets away with it.

BOTTOM LINE: It's hard, because my personal wish is stronger than usual. Trump really scares me. However, if I just look at the astrological chart, Trump looks more like a winner.

Astrologer: Metro's Francis Drake

CLINTON HOROSCOPE
With the Sun in your sign now, you are blessed. People and favorable situations will come to you. It's your turn to replenish yourself for the year!

TRUMP HOROSCOPE
Respect your desire to get better organized. Act on this impulse. Make a to-do list of everything you want to do so that you are more effective, efficient and productive.

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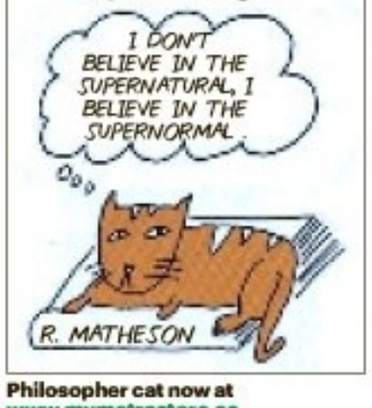

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metro LIFE

Your essential daily news

Johnny Depp has joined the cast of the Fantastic Beasts sequel

Power of the pantsuits

A secret Facebook group has become a place for female Clinton supporters who plan to wear the classic ensemble as they cast their ballots.

★U.S. ELECTION★

Wanyee Li
Metro Vancouver

May Warren
Metro Toronto

Tracey plans to wear a classic black one from the back of her closet, Cindy a blue favourite, and Lauren a grey number with blue pinstripes.

The Canadian women are part of a North-American wide movement called "pantsuit day," women connected by a secret Facebook group, who plan to don the classic uniform of Hillary Clinton on Nov. 8 in a quiet show of solidarity with her.

Burnaby, B.C. resident and American citizen Marie Cardona says she plans to wear a pantsuit on election day.

"The whole pantsuit, obviously, is a nudge to the idea of Hillary wearing pantsuits all the time, which she does," said the environmental engineer, who moved to B.C. from California four years ago.

Cardona says she joined a splinter Facebook group called Canadian Pantsuit Day for Hillary Nov 8th Nationwide because the private group is a safe venue to show support for the Democratic presidential candidate.

"It's just a safe place to discuss your ideas without trolls coming in and ruining things for you."

She mailed in her ballot Tuesday night and plans to spend election day with family and friends in Los Angeles.

"Sometimes I think I might faint with anxiety. It feels like it has been like the longest year ever," she said.

Toronto's Tracey Nolan plans to dress her six-year-old daughter in a pantsuit, in a "power colour" like red, if she can find it.

"I just thought 'let's do it, let's pantsuit it up,' she told Metro.

As a "global citizen" she's been following the election closely, and sees the movement as "reclaiming" the pantsuit, often not considered the most high fashion of outfits."It's utilitarian, it gets the job done, it's sort of all the things people say about Hillary in a negative way," Nolan said.

Cindy Perry, a dual citizen who has lived in Toronto for the past eight years, said she sees the pantsuit as a "symbol of the progress" women have made.

For Lauren Hay, an American citizen who has lived in Toronto since 2009, it's about celebrating the fact that Clinton will be the first woman president, in addition to all of the other qualities that make her qualified for the role.

The Canadian Facebook group's creator, Marly Weitzke, says she got the idea from the American version, called National Pantsuit Day — Nov. 8. It's an easy way for Canadians to participate on election night, said the Comox, B.C. resident.

"It's a celebration, using the pantsuit metaphor in support of Americans."

The pantsuit has long been a "power symbol" of women engaging with the "public realm" of work and politics said Henry Navarro Delgado, an assistant professor at Ryerson University's school of fashion.

But not all women see it, or Clinton, as representing feminism, he noted, particularly younger ones.

"That's also something that has played out in the election itself because some people see her on the one hand as a progressive figure in this sense, but also as a conservative figure in her political outlook, Navarro Delgado said.

But for some baby boomers, the pantsuit is as much a symbol of empowerment as it is a sign of solidarity, said Weitzke.

"I grew up in Ontario where I had an older brother and when he went to school, he came back and said girls cannot wear pants to school and they have to wear skirts," she said.

"But by the time I started high school in 1971, at least that part had changed. We could wear pants."

JOHANNA SCHNELLER **WHAT I'M WATCHING**

Tracey Ullman is back in fine form

THE SHOW: Tracey Ullman's Show, Season 1, Episode 2
THE MOMENT: The tour guide

"We believe that a middle-aged Henry got to know a young Anne Boleyn on this very bed," an historic-home guide (Tracey Ullman) tells visitors. "He'd have had little trouble finding female company on those long nights away at the conference."

The visitors glance at one another. The guide winces but soldiers on: "It wasn't until 1532 that Henry was able to divorce his fiercely loyal but age appropriate wife. It's unlikely she ever got the whole truth. But if it was just business, why was the wine marked 'room service?'"

"Did they marry?" a visitor asks.

"Yes," the guide answers. "Even those who expressed their disapproval quickly swapped their allegiance for that little sl—." She stops herself, barely.

"Wasn't Anne—," begins a guest. "Beheaded! Lopped clean off!" the guide roars. "That would teach her, wouldn't it?"

She turns to exit the room. "Let's move on, shall we? Let's just try to move on."

Ullman is back in fine form with this sketch show, which intersperses recurring characters with one-offs like this.

The sketches are unevenly funny, but they're fascinating, thanks to Ullman's acute observations of the way people like this guide speak and move, and the soft spots they're unaware of that make them who they are.

She has especial fun with Judi Dench, who uses her "national treasure" status to vandalize her way around London; and Angela Merkel. "Don't make the hair too poufy," her Merkel intones in a flat German ak-zent, "or the other leaders will be wild with lust."

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

Tracey Ullman takes on a number of characters in her new television show. CONTRIBUTED

K'naan faces backlash with TV show

PILOT

Community conflicted over portrayal of young Somalis

For Somali-Canadian rapper K'naan, the story he is trying to tell in his proposed HBO series Mogadishu, Minnesota is one he has lived — an immigrant trying to adjust to life in America.

But the 39-year-old ran into vocal opposition from fellow Somalis as he prepared to film the series pilot in Minneapolis, home to the largest Somali community in the U.S. While K'naan envisions a family drama, critics worry the series will focus on young Somalis who have gone overseas to join terrorist groups — concerns raised by the series' original title The Recruiters and the involvement of Academy Award-winning director Kathryn Bigelow (The Hurt Locker).

"'We don't want Muslims being stereotyped,'" K'naan says opponents tell him. "I say, 'Me, too. That's why I'm writing this.'"

Filming of the show's pilot wrapped Friday after shooting at about 14 main locations in the Minneapolis area. K'naan, who lived in Minneapolis in his early 20s, said he wanted to shoot in a city he found "inherently cinematic."

Born in Somalia, K'naan came to the U.S. when he was 13 and lived in New York and then Toronto, where he spent his teenage years. He said he is "trying to tell a story that reorganizes in the public consciousness how they see Muslim Americans," and wants to move away from stereotypes and tell a tale about "people's lives and how they really live them."

In a recent interview with The Associated Press he called Minneapolis "a new American experiment, a place where America is negotiating its differences and its commonalities."

"It's a new Ellis Island, in a way," said K'naan, who said he came up with the idea for the series — named after the capital of Somalia — about three years ago. "And I thought, what a great place to set a story, to dispel the myth about Somalis and immigrant threats and Muslims in general."

While K'naan emphasizes the true-life aspects of his characters (Sameer, described by HBO as "the Somali All-American boy" planning to go to college, and his father, Afrah, a former professor in Somalia, now working at a rental car company in the U.S.), opponents worry that the show will focus on the recruitment of young, disaffected Somalis to join terrorist groups and stoke Islamophobia.

More than 20 young Minnesota men have joined the militant group al-Shabab in Somalia since 2007, while about a dozen people have left to join militants in Syria. Nine Minnesota men are set to be sentenced later this month on terror charges for plotting to join the Daesh group.

Ayaan Dahir, 24, a student at the University of Minnesota, criticized the involvement of Bigelow, whose films include Zero Dark Thirty, about the hunt for Osama bin Laden.

"When the dust clears, we're the ones (who are) going to be left to pick up the pieces and continue to live here and be concerned about our safety," Dahir said.

But K'naan, who is making his directorial debut, insists the writing on Mogadishu, Minnesota is his alone, and that Bigelow is only an executive producer.

"This was my idea," said K'naan, who hopes the pilot leads to a 10-episode inaugural season.

K'naan has met some resistance in Minnesota's largest city. In September, K'naan had to cut short a free performance in the Cedar-Riverside neighbourhood — in the heart of Minneapolis' Somali community — when a protest over the upcoming pilot broke out. Police used a chemical irritant on the crowd and arrested two people.

But some Somalis who are fans of K'naan embrace the idea of a series on the premium channel showcasing Somali-Americans.

"I'm pretty proud of it," said Mahdi Mohamed, 51, of Minneapolis, who came to the U.S. in 1984. "All America can see it now." THE ASSOCIATED PRESS

Somali Canadian rapper K'naan recently wrapped up the pilot for his show Mogadishu, Minnesota, which he has proposed to HBO for a 10-episode series. THE ASSOCIATED PRESS

> **A great place to set a story, to dispel the myth about Somalis and immigrant threats and Muslims in general.**
> K'naan on Minnesota as the setting for his show

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For Ballinger, hate is a good thing

INTERVIEW

YouTube star says Netflix series reveals deeper story

Get this haters: Miranda Sings has her own TV show on Netflix — and it's appropriately titled, Haters Back Off!

Miranda is the quirky, overly confident wannabe celebrity who wears red lipstick drawn outside her lips. She started uploading videos of herself on YouTube in 2008, and she unabashedly believes that she's extremely talented and destined for stardom.

The character of Miranda is played by 29-year-old actress and comedian Colleen Ballinger.

Ballinger believes the original interest in Miranda came from viewers trying to figure out if she is a real person.

"The videos were getting passed around because people were trying to figure out if I was a real person, if I was an actress," Ballinger said in a recent interview. "They loved to hate me. ... I got a lot of hate mail and that's where the term 'haters back off' came from. And ... then it slowly shifted into the fans liking the videos and I started to pick up on what was trending online and trying to ... go with that and make this career snowball into something more than just a couple viral videos."

It's so important to having success online to make people feel like they really connect to you.

Colleen Ballinger on being open with fans

Colleen Ballinger stars in her own Netflix series called Haters Back Off! AP PHOTO/BRUCE BARTON

The Miranda Sings YouTube channel has more than 7 million subscribers.

Ballinger said that while she initially resisted revealing her identity, she now believes fans have embraced Miranda as a character. She also has her own personal YouTube channel where she vlogs and posts her own videos not in character.

"We're letting (viewers) into our home multiple times a week. They know everything about me. It's so important to having success online to make people feel like they really connect to you," Ballinger said.

On Haters Back Off! viewers see Miranda beyond the Internet.

"We've seen Miranda's YouTube videos online for many years, but this is the kind of story of what happens behind the camera and before she films a video and after she films a video and how does someone become Internet famous and how does that change their life once they do become famous and the inner workings of this girl who is a little bizarre and different," Ballinger said.

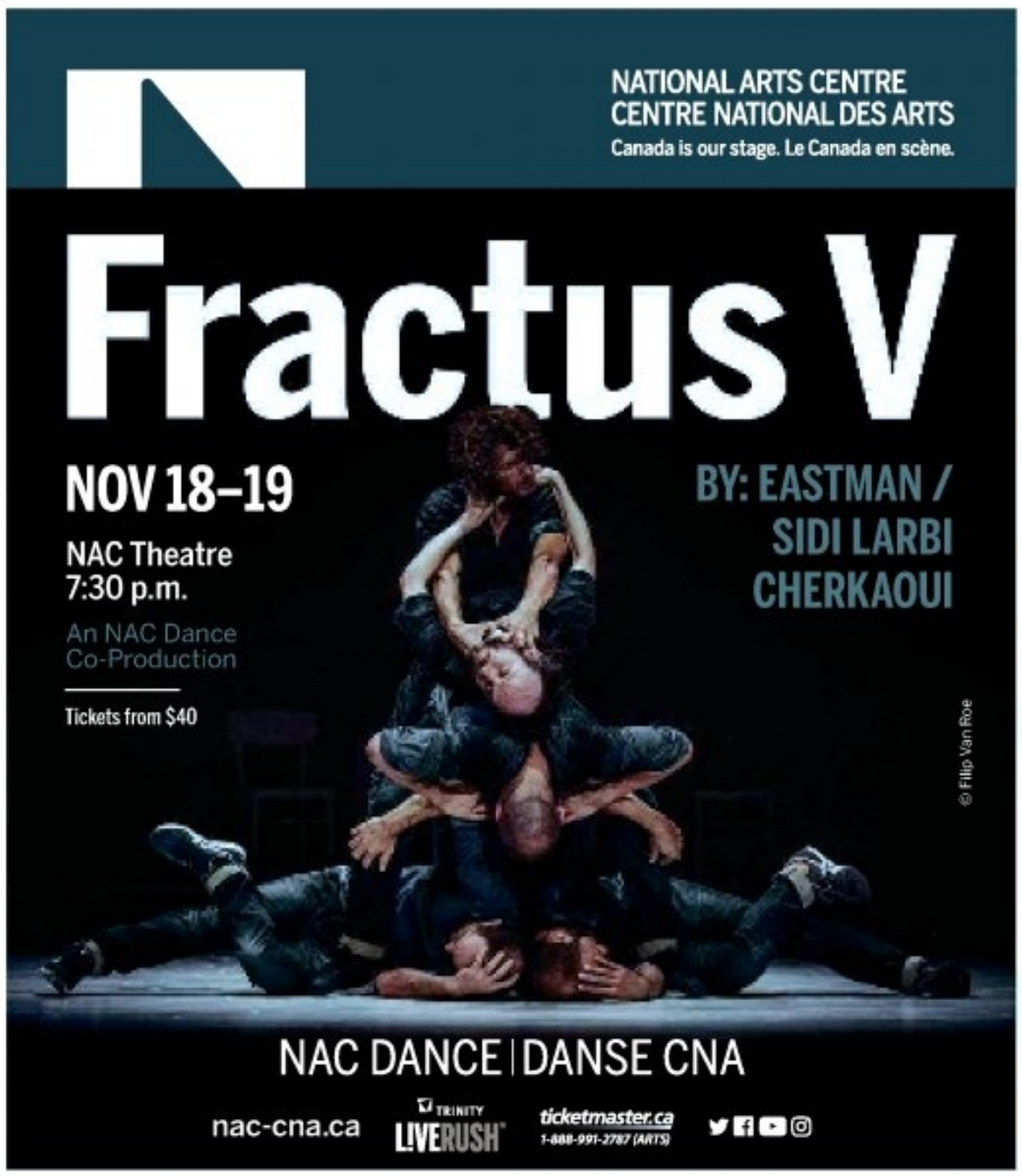
Viewers are also introduced to the other people in Miranda's world.

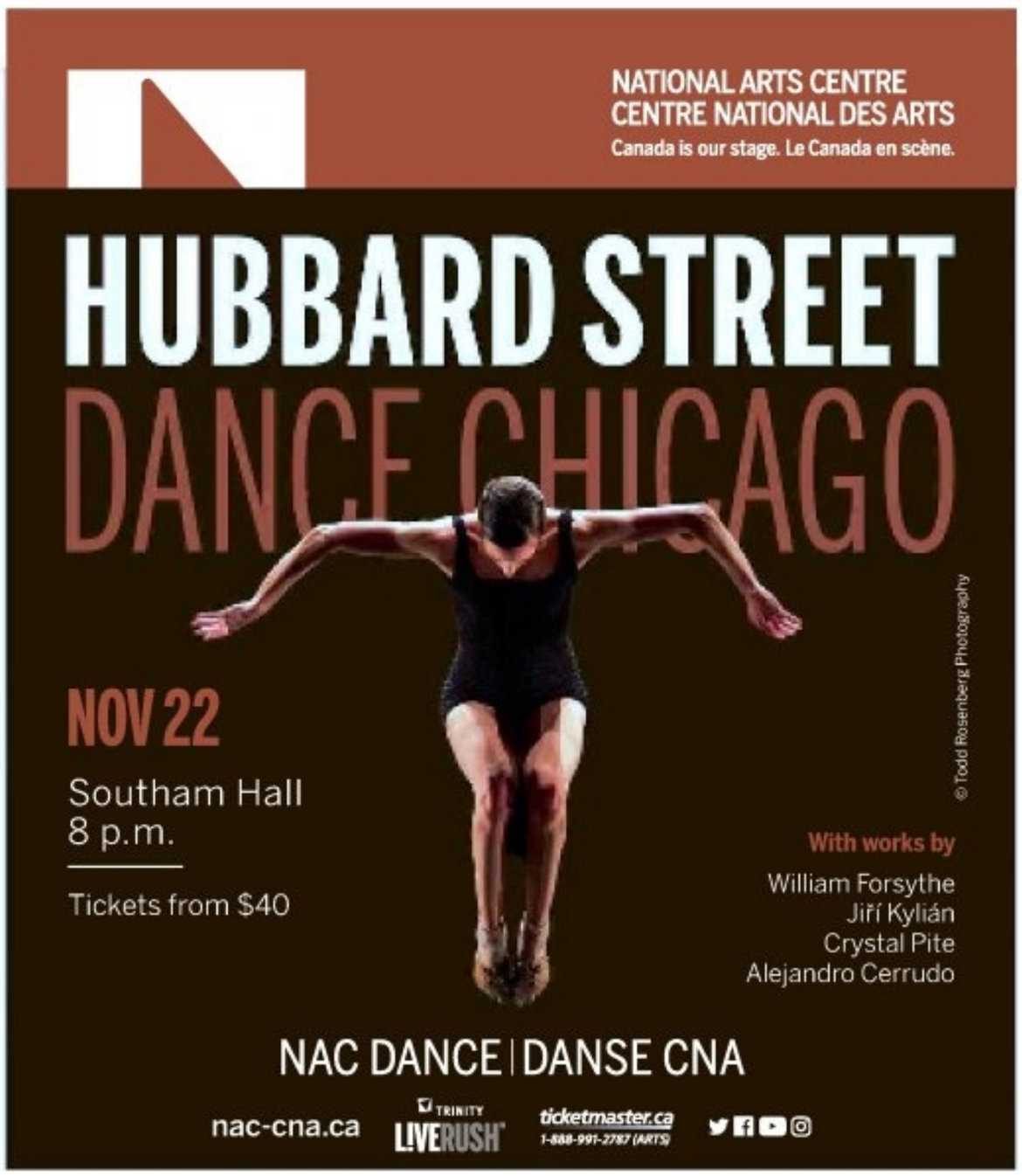
"It's also about this family who's a little quirky and a little weird and they're OK with that ... they don't have to stick to what is popular or what is beautiful or, you know, trendy. They're themselves and they're happy with that and I think that's an important message to share, too."

Ballinger says she always wanted to be a performer.

"I went to school for singing and, you know, I was a vocal performance major," said Ballinger. (That means those videos of Miranda singing off-key are jokes.)

"I wanted to do opera and musical theatre so, you know, I had big plans to go to New York and do Broadway and all this kind of stuff, but I never would have thought it would come from Miranda. Miranda was something I was doing for fun on the side. It was a fun hobby for me so I never thought it would become like a real job." THE ASSOCIATED PRESS





Questioning 'the right to write about racism'

FICTION

Jodi Picoult stands behind pushing more racial dialogue

Sue Carter
For Metro Canada

If there's one word to describe author Jodi Picoult, it's fierce.

The bestselling author of 23 books has never been one to shy away from hot-button topics such as sexual abuse, school shootings and assisted suicide.

But there was one issue that eluded Picoult for 25 years. How do you talk about racism in a world seemingly just waking up to the fact that privilege and opportunity are connected to skin colour? And whose story is it to tell? That's the challenge behind Picoult's new novel, Small Great Things.

Picoult's books always start with the issue at hand, what she refers to as "the thing that keeps me up at night."

Her first attempt at writing on racism was inspired by a news piece about an African American undercover cop who was shot by a white co-worker.

"I totally failed. I couldn't write authentic characters or voice," she says. Picoult began doubting whether this was even her story to tell in the first place. "Do I really have the right to write about racism? "

It wasn't until 2012, when Picoult read a story about an African American nurse who was told by her hospital administration that she could not care for a newborn baby at the request of the child's white-supremacist parents, that she found her way in.

She imagined an emergency situation in which the nurse would be forced to take care of the child, which would lead to an arrest.

Small Great Things unravels the courtroom story from three perspectives: Ruth, the accused nurse; Turk, a staunch white supremacist; and Kennedy, a public defender who has her own complicated personal response to the scenario.

Picoult spent three years with "sensitivity readers". "I should not and would not have written the book without women of colour guiding me," Picoult said.

She met with two former white supremacists to better understand Turk, who she calls the most challenging character.

Most importantly, Picoult realized to whom she needed to address her novel.

"I was writing to people who look like me. I know how easy it is to point to a skinhead and say, 'that's a racist,' rather than point to yourself," she says.

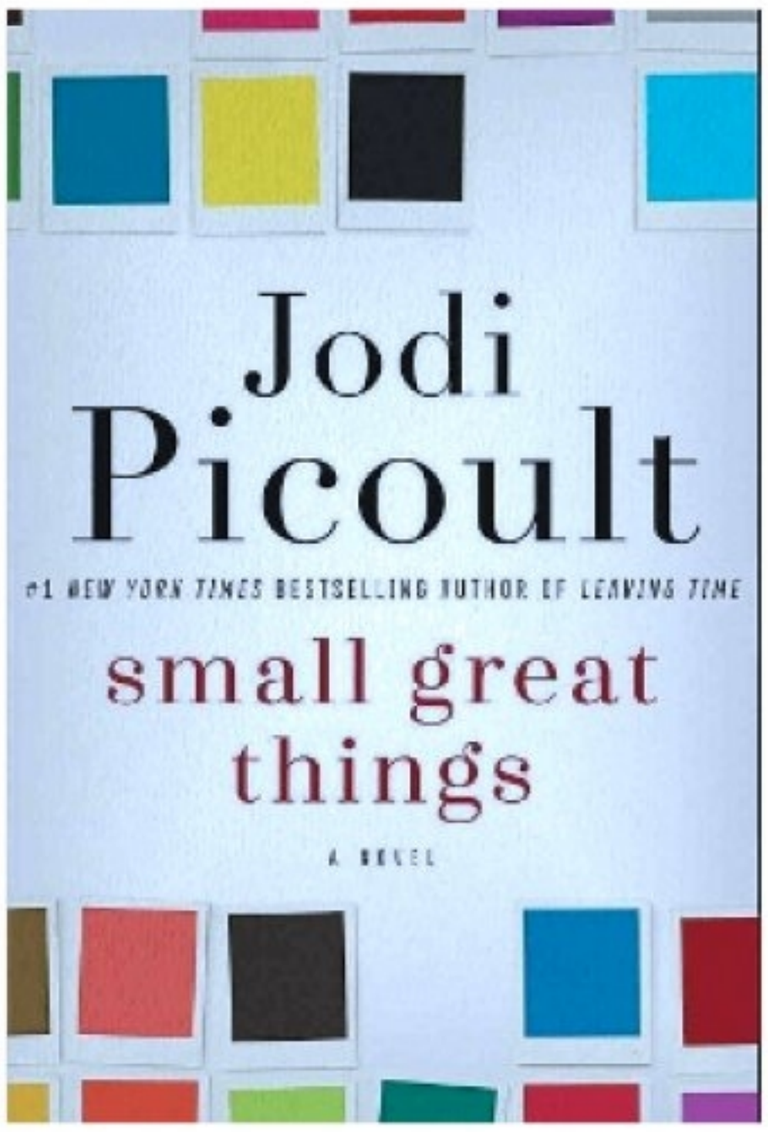
"I want people to tap into the privilege that they've had, and force them to admit the fact that racism isn't just about prejudice. You could take every skinhead and ship them off to Mars and you'd still have racism, because it's about power."

Picoult knows now that Small Great Things is out in the world she can't control the rhetoric surrounding it (she's already received harassing tweets from white supremacists).

But she holds strong in her conviction that more dialogue is the only way to move forward.

"I think that one of the biggest hurdles we have to face is that we will make mistakes when we talk about race. It's more important to talk about it and know that, and say, 'I'm so sorry. Thanks for educating me.'"

Sue Carter is the editor at Quill & Quire magazine.



"You could take every skinhead and ship them off to Mars and you'd still have racism. Jodi Picoult

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metro HOME

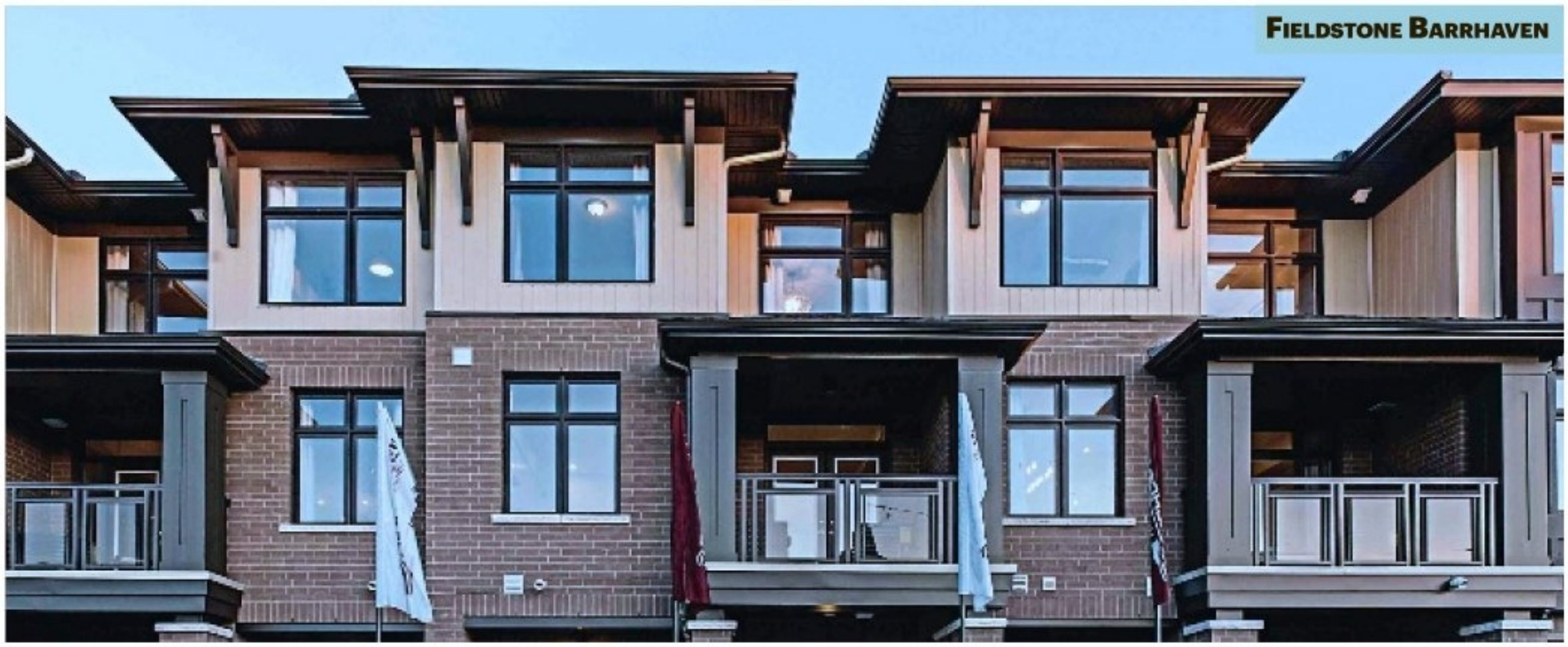
Your essential daily news

west elm

Home design brand West Elm plans hotels in five cities

MEET THE CONDO

Barrhaven development wins award



CONTRIBUTED

Project overview

In October, Fieldstone Barrhaven — a development by Richcraft Homes — won the Greater Ottawa Home Builders' Association award for Best Production Home attached, 2,000 square feet or less. Construction for the site began in early 2014, and buyers can now move into the homes anytime.

Housing amenities

All the urban towns have three levels plus a finished basement and large private balconies. The models include ceramic flooring, nine-foot ceilings on the main floor and Energy Star rated appliances. Many of the lots back on to or face community parks. The homes also have single or double car garages.

Location and transit

With close proximity to several bus stations and the Fallowfield train station, the location is great for commuters. Main roads such as Strandherd Drive and Woodroffe Avenue connect residents to different parts of Ottawa. The area has plenty of shopping and recreational options, as well as multiple schools.

In the neighbourhood

The area has parks bordering on Jock River, and an urban forest lies nearby. Manotick is also close by, with attractive shops and fishing locations. Barrhaven is not far from the rest of Ottawa but also has the benefit of being a large enough community to contain the majority of daily necessities.

ILANA REIMER/FOR METRO

NEED TO KNOW

What: Fieldstone Barrhaven
Builder: Richcraft Homes
Designer: Richcraft Homes
Location: Off Longfields Drive
Building: Urban singles and townhomes
Sizes: 1,170 square feet to 2,548 square feet
Pricing: Starting from $281,900
Model: Two to four bedrooms, 1.5 to 2.5 bathrooms
Status: Now selling
Occupancy: Any time
Sales centre: 302 Longfields Dr.
Info: Call 613-440-5226 or visit richcraft.com

Sun-loving vegetables can be cultivated indoors in winter by using supplemental lighting. THE ASSOCIATED PRESS

GARDENING

Moving your winter harvest indoors

There's no reason to stop growing vegetables just because cold weather has arrived. Sun-loving edibles can be cultivated indoors in containers enriched by supplemental LED lights.

But choose the right plant combinations for this four-season gardening. Some plants are more demanding than others.

"The amount of money and work it takes depends upon your expectations," said Tuan Bettes, a horticulture agent with Utah State University Extension. "You won't achieve (indoors) what you would in sunlight."

Lettuces, leafy greens, sprouted seeds, radishes, carrots and herbs are among the easiest plants to grow indoors in winter. They tolerate cooler temperatures and limited light. They also mature quickly, and many, like chives and parsley, don't grow tall.

Small fruited or dwarf varieties of tomatoes and peppers also will produce in basement gardens when exposed to the proper lighting. Be prepared to help pollinate your tomato plants, though. Shake them occasionally to release the pollen.

Help avoid plant pests by segregating vegetable containers from houseplants.

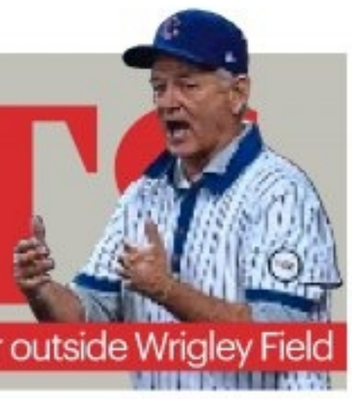
"Never put patio plants next to vegetables," Bettes said. "That's a good way to introduce aphids and scale insects."

Many people take the hydroponic approach to indoor gardening by designing their own systems or by buying any number of high-tech soil-free containers with full-spectrum grow lights attached. Plants grow naturally and faster — up to five times faster — in the ideal climate created by water reservoirs and LED lighting systems, said Ben Gill, a spokesman for AeroGro International Inc., manufacturers of a line of indoor gardens in Boulder, Colorado. "There's no dirt," Gill said. "That makes it a clean way to grow on benches or countertops."

Many of these small hydroponic growing kits can be had in a single package: container, lights, nutrients and pre-seeded plant pods.

"They're one-stop shopping," Gill said. "Just add water and you've got everything you need to start." THE ASSOCIATED PRESS

metro SPORTS



Bill Murray reportedly gave ticketless Cubs fan Karen Michel a seat to Game 6 of the World Series when she ran into the film star outside Wrigley Field

IN BRIEF

Turner resigns as Vikings offensive co-ordinator

Vikings offensive co-ordinator Norv Turner abruptly resigned Wednesday, stunning the team two days after losing its second consecutive game with an offence nowhere to be found.

Turner was replaced by Pat Shurmur.

THE ASSOCIATED PRESS

Madrid scores late goal to draw with Legia Warsaw

Real Madrid needed a late goal to salvage a humbling 3-3 draw at struggling Legia Warsaw in the Champions League on Wednesday.

Madrid looked set to romp to another big win after Gareth Bale netted an amazing opener from distance in the match's first minute, but Madrid's slack defence let Legia rally back in stunning fashion.

THE ASSOCIATED PRESS

Cubs backers hope to channel legendary spirit

Some Cubs fans are hoping they can break a 108-year-old World Series championship drought by leaving items at the New York grave of Johnny Evers, the second baseman for the Cubs team that won the 1908 World Series.

The fans hope to awaken enough of a winning spirit to beat Cleveland in the World Series. THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Game 7 of the World Series.

Sens decide now isn't the time for young blue-liner

NHL

Chabot sent back to juniors after playing just one game

After playing in just one of the Ottawa Senators' first nine games, 19-year-old defenceman Thomas Chabot knew a trip back to the major-junior ranks was likely.

So he wasn't surprised to learn Wednesday that he was being sent back to the Saint John Sea Dogs of the Quebec Major Junior Hockey League.

"For sure I wanted to be here for the season, but at the same time I look forward going back to junior," he said. "And in Saint John we have a real good team and I'll also have the chance to represent Canada at the world juniors again this year so that's something I'm looking forward to."

In the one game he did play, Chabot saw a mere 7:09 of ice time in a 7-4 victory over the Arizona Coyotes. With the Senators' top six defencemen playing well, coach Guy Boucher saw no reason to mix things up just to give Chabot, Ottawa's 18th-overall draft pick in 2015, an opportunity to get in a game.

"We're not a development league here," said Senators general manager Pierre Dorion. "With the way a lot of our defencemen have stepped up this year and the way they've played and how they've adjusted to the new system, we owed it to them more to keep them in the lineup than to put Thomas in."

Despite not playing, Dorion believes being around the team and practising with them daily will be invaluable to Chabot's development going forward.

"All kids think they work hard and you might work hard in junior," Dorion said. "But when you're on the ice with some of the best defencemen in the league or maybe one of the best defencemen in the league or maybe some of the most intense forwards that practise (so hard), you have to step up your game.

"He's very smart and casual and a lot of things come easy for him, so he learned that he had to push all the time and this was one of the reasons we decided to keep him so he could realize whether it's next year or two years from now when he's here that he's always got to push, no matter how good you are."

After a disappointing showing at the club's development camp in June, Chabot returned home, regrouped and was rewarded for his hard work, making the Senators roster out of camp.

"I don't think there is anything I could have done more," Chabot said. "It's just about timing and the other guys were really playing well and there's no way I could get into the lineup."

The Senators host the Vancouver Canucks Thursday night.

THE CANADIAN PRESS

Senators defenceman Thomas Chabot defends the net against the Coyotes' Lawson Crouse on Oct. 18 at the Canadian Tire Centre. FRED CHARTRAND/THE CANADIAN PRESS

TRADE

Ottawa swung a trade with Pittsburgh Wednesday, landing goaltender Mike Condon in exchange for a 2017 fifth-round draft pick.

- The Penguins claimed the 26-year-old off waivers from Montreal in October.
- In 56 NHL games, Condon is 21-25-6 with a 2.69 goals-against average and .904 save percentage.

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RECIPE Cauliflower Cous Cous Bowl with Roasted Veggies

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Cauliflower your whole life after trying it as the "base" to these veggies.

Ready in
Prep time: 10 minutes
Cook time: 30 minutes

Ingredients
- 1 sweet potato, cut into pieces
- 2 cups quartered Brussels sprouts
- 1 tbsp olive oil plus two teaspoons
- 1 head cauliflower
- 1 tbsp salt, plus 2 teaspoons
- 1/2 teaspoon cumin
- 1/4 cup crumbled feta
- 1 pat of butter
- 4 eggs

Directions

1. Preheat oven to 400. In a bowl, toss the sweet potato and Brussels sprouts with 2 tsps olive oil and 1/2 tsp salt. Spread out on a pan and roast until golden brown.

2. Cut cauliflower into small florets and pulse in food processor until they are broken into cous cous-sized granules.

3. Heat a skillet over medium heat and add 1 tbsp oil. Add cauliflower to the pan and sprinkle with remaining salt. Add cumin and stir. Cook until the cous cous is tender, about 4 to 5 minutes. Take off heat and set aside.

4. Place butter in frying pan over medium heat and add four eggs. Remove eggs from pan once the whites are set and the yolks are cooked to your preference.

5. Mix together and sprinkle with feta, top with eggs.

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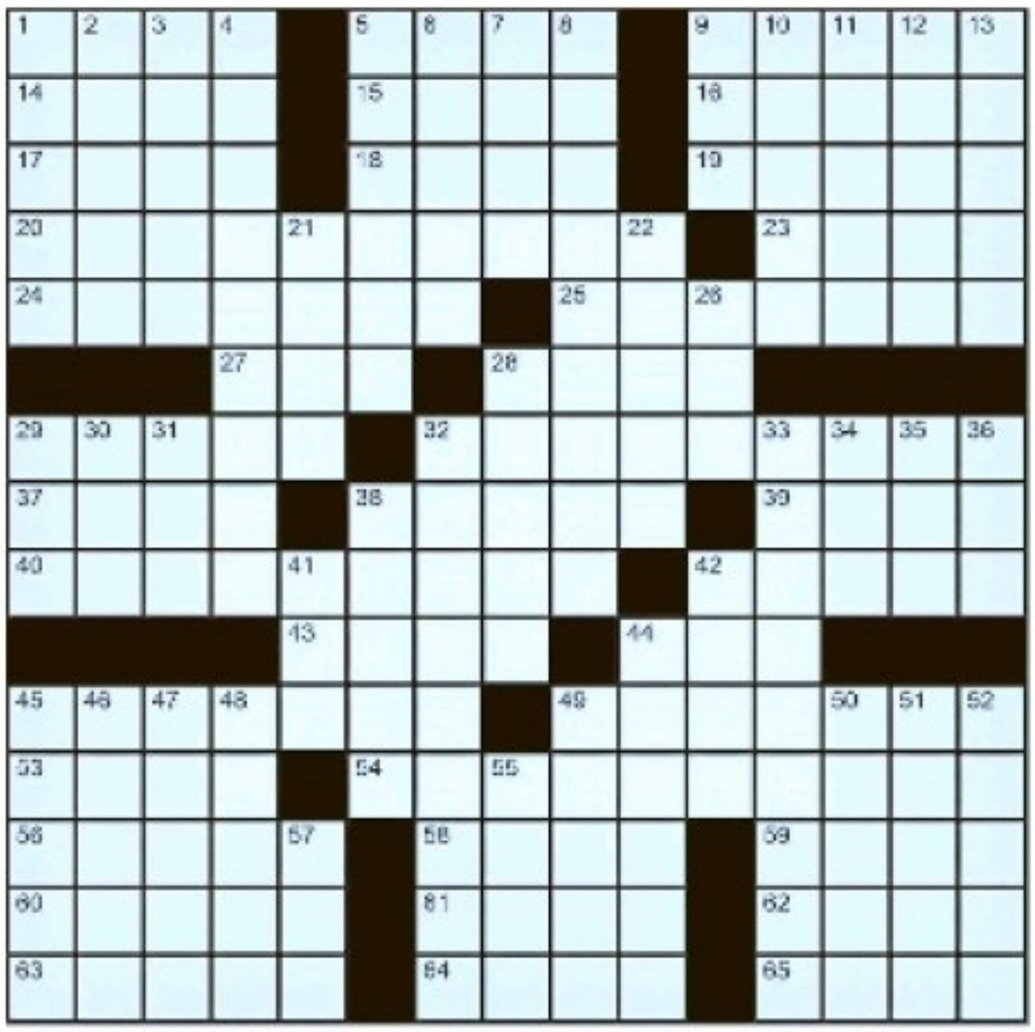
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Composed
5. __ up (Support)
9. Throbs
14. Margarine
15. Diner side order
16. Will, fancy-style
17. Ken of "thirty-something"
18. "Tell me __ haven't heard before!"
19. Sorta
20. People to look up to: 2 wds.
23. Diving bird
24. 'The Town of Friendly People' in the South Georgian Bay area of Ontario
25. Serving soup
27. Yo-Yo or Slinky
28. Read: French
29. Canadian actor Raymond's
32. Cake decorator's tool: 2 wds.
37. Largest continent
38. Garbage spots
39. Shield's centre knob
40. Acadian dish of grated potatoes: 2 wds.
42. Hemmed-and-__ (Hesitated)
43. Deeply absorbed
44. Furrow
45. Ironer's target
49. Sticky forest resin: 2 wds.
53. Santa __, California
54. Column-like formation rising from a cavern's floor
56. Perform off-the-cuff
58. Twofold
59. Many times: 2 wds.
60. Vex
61. Segment
62. Ms. Horne
63. Carried
64. Mr. Preminger
65. Figure skating jump

DOWN
1. Beer brand, __ Light
2. Dispense
3. Priestess in Georges Bizet opera The Pearl Fishers
4. Movie of 1965 in which Canadian actor Glenn Ford stars as a policeman with financial problems, with The: 2 wds.
5. "Feh!"
6. Holidaying human's hope: letter + word + letter
7. "__ where wide the golden sunlight flows..." - Richard Watson Gilder
8. Ryan of "Gosford Park" (2001)
9. Inquire
10. Cool down
11. Vietnam's capital
12. American Gothic city in Iowa
13. Gnarly! instead of Great!, for instance
21. Followers of H-I-J-K-Ls
22. Draped dresses
26. Lair
28. Boundary
29. Saloon
30. G7 member
31. Mr. Torn
32. Casey and Finnegan: 2 wds.
33. Central American nation
34. Since-1916 car co.
35. Mr. Vigoda
36. Deity
38. Bargains
41. Bug
42. __ jury
44. __ Bridge (1500s-built oldest crosser of Venice's Grand Canal)
45. Blanketed, to a Bard
46. __ Drive (Swanky street in Beverly Hills)
47. Small island
48. Green
49. S'il vous __ (Please)
50. Proctor __ (Kitchen appliance company)
51. Make amends
52. Bloom bit
55. Kyle Richards, to Paris Hilton
57. __ of lettuce

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Continue to focus on matters related to shared property, inheritances, taxes and debt, because this is what you need to sort out. You also have practical ideas about this.

Taurus April 21 - May 21
You will need more rest now because during this time of year, you are tired. Nevertheless, discussions with others will be lively and dynamic. Look for ways to improve your job.

Gemini May 22 - June 21
At this time, you are setting high standards for yourself because you want to be efficient, productive and effective in everything you do. With this winning attitude, you can't lose!

Cancer June 22 - July 23
Make sure you take time for the arts, sporting events and playful activities with children, because this month you want to enjoy yourself. It's perfectly OK to put yourself first.

Leo July 24 - Aug. 23
Home, family and your private life continue to be your focus now. Act on practical ideas about making repairs where you live.

Virgo Aug. 24 - Sept. 23
Short trips and discussions with others will create a busy schedule. In addition, many of you are reading, writing and studying more than usual.

Libra Sept. 24 - Oct. 23
Your focus is on money, earnings and cash flow, but you also are wondering about your basic values in life. Essentially, the question is: What really matters?

Scorpio Oct. 24 - Nov. 22
With the Sun in your sign now, you easily attract people and favorable situations. Make the most of this, because it isn't always this easy.

Sagittarius Nov. 23 - Dec. 21
Work alone or behind the scenes, because this will suit you now. Avoid shopping today for anything other than food or gas.

Capricorn Dec. 22 - Jan. 20
You are popular now. Not only will you be involved with friends, but group activities will also place demands on you. People are willing to help.

Aquarius Jan. 21 - Feb. 19
You look good in the eyes of others, especially bosses, VIPs and parents. Knowing this, you can make your pitch and ask for what you want.

Pisces Feb. 20 - March 20
Grab every chance to travel that comes your way now, because you need a change of scenery. If you can sign up for a course or pursue further studies, this will please you as well.

CONCEPTIS SUDOKU by Dave Green

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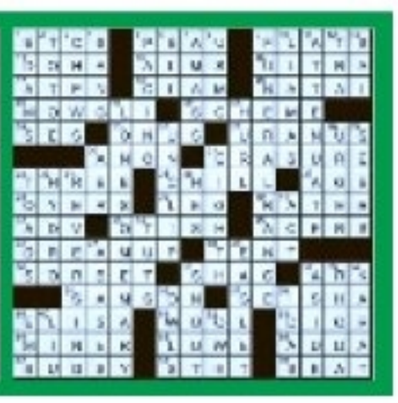

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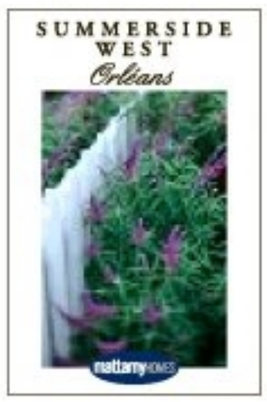

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